**Secondary Basketball**

**Date:** Friday 20th March 2020

**Venue:** Maiden Castle

**Age Group:** Year 7

**Gender:** Mixed

**Team Requirements:** Teams will be made up of up to ten players, of which only five are permitted on court at one time. There is no stipulation on the number of males and females on team.

**Rules**

The Year 7 basketball competition will be played under the Passerelle rules for basketball. These rules were formulated to assist in the transition of players from mini basketball into the ranks of senior basketball.

Games shall consist of 2 halves, of 7-10 minutes, each against a running clock. If two courts are being used, a single running clock will simultaneously coordinate both courts to start and finish at the same time.

Due to this timing coordination there will a single, predetermined timeout at the halfway point of both the first and second half for both courts with a final timeout in the last minute in the 2nd half to allow strategical adjustments. (The exact timing of these timeout interventions will be explained on the day).

Timeouts will be 1 min in duration where the running clock is stopped. Referee to utilise discretion and allow player to complete free throws if central timeout is called during the foul shot process. Otherwise each team is permitted to have one time out of one minute per half although this may be removed if time does not allow.

Games will be started with a jump ball in the centre circle and time begins when the ball has been tipped by a jumping player. Possession arrow to be noted by referee and table official to determine subsequent possessions i.e. beginning of 2nd half and possible overtime. Second half will commence with a side line ball on the half way line.

After a basket, the opponents will be given the ball to make a throw in from any point behind the baseline.

Once a team gains possession of the basketball they have 24 seconds to attempt shot. Subsequently, if they fail to do so possession will be awarded to the opposition.

Within the 24 second shot clock a team must advance the ball over the halfway line within 8 seconds.

On a side line or end line situation, once handed the ball by the referee a team has 5 seconds to inbound the ball.

Players may be substituted at any time on a dead ball.

The three second rule applies; Offensive players are not permitted to spend more than 3 seconds in the ‘key’ at any one time. Players get another 3 seconds every time they re-enter the lane after exiting or when a shot is attempted.

Half court man to man defences only will be permitted at Year 7. Zone defence is not permitted in U14 games. Any defence style is allowed at U15 and U16 age groups.

If any violation is committed, the non-offending team will gain possession of the ball and re start the game from a throw-in from the side line.

Violations include:

* Deliberately kicking the ball or striking it with a fist
* Knocking the ball out of court
* ‘Over and back’ halfway line violation.
* Dribbling with two hands on the ball at once or letting the ball come to rest then continuing to dribble (Double Dribble).
* Running with the ball (Travelling).

A personal foul involves personal contact with an opponent, if this occurs in the act of shooting, two free throws are allowed - otherwise it is sideline ball to the opposing team. Each team is allowed 5 team fouls in each period, i.e. a penalty will apply on the 6th team foul. Once a player has 5 personal fouls he/she takes no further part in the game.

If the score is tied at the end of regulation an overtime period will be played utilising the ‘Golden Basket’ rule where the first team to score wins the contest.

Year 7 games will be played with a size 5 basketball.

**Scoring**

A basket scored from the field, outside of the arc is 3 points and everything scored inside the arc is 2 points.

Any baskets scored from a free throw after a foul are 1 point each.

For further information please visit:

[www.yourschoolgames.com](http://www.yourschoolgames.com) or [www.englandbasketball.co.uk](http://www.englandbasketball.co.uk)