**Primary Sportshall Athletics**

**Date:** Friday 20th March 2020, 12:30noon

**Venue:** The Louisa Centre, Stanley

**Age Group:** Year 5 & 6

**Gender:** Mixed

**Team Requirements:** Teams will ideally have 15 boys and 15 girls, but a minimum of 9 boys and 9 girls is essential.

Each athlete may compete in a maximum of two track and two field events.

**Track Events:**

* 1 + 1 Lap Relay - Each team requiring two boys and two girls
* 2 + 2 Lap Relay - Each team requiring two boys and two girls
* 6 Lap Paarlauf - Each team requiring two boys and two girls
* Obstacle Relay - Each team requiring four boys and four girls
* Over / Under Relay - Each team requiring four boys and four girls
* 4 x 1 Lap Relay - Each team requiring four boys and four girls

**Field Events:**

* Chest Push - Each team requiring three boys and three girls
* Soft Javelin - Each team requiring three boys and three girls
* Speed Bounce - Each team requiring three boys and three girls
* Standing Long Jump - Each team requiring three boys and three girls
* Standing Triple Jump - Each team requiring three boys and three girls
* Vertical Jump - Each team requiring three boys and three girls