

# Extended Services

## Extended Services - Age: 5 - 16 Year Olds

From: 27/07/09 To: 28/08/09	<b><u>Roseberry Sports College</u></b> 1:00 - 2:55pm	<b><u>Chester-le- Street Youth Centre</u></b> 1:00 - 2:55pm	<b><u>Bournmoor/ Fencehouse Com Centre</u></b> 1:00 - 2:55pm
<u>Monday's (For 5 wks)</u>	Cheerleading + Dance	Basketball	Circus Skills
<u>Tuesday's (For 5 wks)</u>	Football	Cheerleading + Dance	Basketball
<u>Wednesday's (For 5 wks)</u>	Martial Arts	Football	Cheerleading + Dance
<u>Thursday's (For 5 wks)</u>	Circus Skills	Martial Arts	Football
<u>Friday's (For 5 wks)</u>	Basketball	Circus Skills	Martial Arts

### Extended Services

Please note parents must accompany children under the age of 8 years. All sessions are delivered in a safe environment under the supervision of qualified staff.

## Summer Activity Programme 2009

### FREE ACTIVITIES



Sport & Leisure Services and Extended Services are providing FREE multi-sports coaching and activities within the Chester-le-Street area during the school summer holidays for boys and girls, 5 to 16 years of age.

For more information & an application form please contact:

Jodie Cowie (Extended Services)

Mobile: 07939 451 387

Gareth Haley (Sport & Leisure Services)

Mobile: 07748 321 547 or

Len Watson (Sport & Leisure Services)

Mobile: 07867 906 799



# Sport and Leisure Summer Programme

## Sport & Leisure Services - Age: 6 - 11 Year Olds

<u>Ball Courts/ MUGA's</u>	<u>Mon</u> 12:45 - 2:40pm	<u>Tue</u> 12:45 - 2:40pm	<u>Wed</u> 12:45 - 2:40pm	<u>Thur</u> 12:45 - 2:40pm	<u>Fri</u> 12:45 - 2:40pm
<b>Week 1</b> Kimbleworth + Ouston	<u>27/07/09</u> Football	<u>28/07/09</u> Basketball	<u>29/07/09</u> Dodgeball	<u>30/07/09</u> Multiskill Activities	<u>31/07/09</u> Mini Games
<b>Week 2</b> Lumley + Pelton Fell CC	<u>03/08/09</u> Basketball	<u>04/08/09</u> Dodgeball	<u>05/08/09</u> Multiskill Activities	<u>06/08/09</u> Mini Games	<u>07/08/09</u> Football
<b>Week 3</b> Northlands + Edmondsley	<u>10/08/09</u> Dodgeball	<u>11/08/09</u> Multiskill Activities	<u>12/08/09</u> Mini Games	<u>13/08/09</u> Football	<u>14/08/09</u> Basketball
<b>Week 4</b> Kimbleworth + Ouston	<u>17/08/09</u> Multiskill Activities	<u>18/08/09</u> Mini Games	<u>19/08/09</u> Football	<u>20/08/09</u> Basketball	<u>21/08/09</u> Dodgeball
<b>Week 5</b> Lumley + Pelton Fell CC	<u>24/08/09</u> Mini Games	<u>25/08/09</u> Football	<u>26/08/09</u> Basketball	<u>27/08/09</u> Dodgeball	<u>28/08/09</u> Multiskill Activities

### Sport & Leisure Services

All sessions are delivered in a safe environment under the supervision of NGB qualified sports coaches from Sport and Leisure Services, Durham County Council.

## Sport & Leisure Services - Age: 11 - 16 Year Olds

<u>Community Centres/ Schools</u>	<u>Mon</u> 3:00 - 4:45pm	<u>Tue</u> 3:00 - 4:45pm	<u>Wed</u> 3:00 - 4:45pm	<u>Thur</u> 3:00 - 4:45pm	<u>Fri</u> 3:00 - 4:45pm
<b>Week 1</b> Lumley CC + Pelton Fell CC (MUGA)	<u>27/07/09</u>  Mini Games	<u>28/07/09</u>  Football	<u>29/07/09</u>  Dodgeball	<u>30/07/09</u>  Basketball	<u>31/07/09</u>  Handball
<b>Week 2</b> Fuydoun Com. College + Youth Centre	<u>03/08/09</u>  Handball	<u>04/08/09</u>  Table Tennis	<u>05/08/09</u>  Football	<u>06/08/09</u>  Dodgeball	<u>07/08/09</u>  Basketball
<b>Week 3</b> Roseberry Sports & Com. College + Kimbleworth	<u>10/08/09</u>  Basketball	<u>11/08/09</u>  Handball	<u>12/08/09</u>  Table Tennis	<u>13/08/09</u>  Football	<u>14/08/09</u>  Dodgeball
<b>Week 4</b> Lumley CC + Pelton Fell CC (MUGA)	<u>17/08/09</u>  Dodgeball	<u>18/08/09</u>  Basketball	<u>19/08/09</u>  Handball	<u>20/08/09</u>  Mini Games	<u>21/08/09</u>  Football
<b>Week 5</b> Fyndoune Com. College + Youth Centre	<u>24/08/09</u>  Football	<u>25/08/09</u>  Dodgeball	<u>26/08/09</u>  Basketball	<u>27/08/09</u>  Handball	<u>28/08/09</u>  Table Tennis

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