

Learning Disability and Sports Equity

Mencap Sport and Mencap Personal Achievement Training have launched a new course for coaches, teachers, SSCO's, sports development officers, club volunteers and sports managers to help ensure that your club or service is fully accessible and inclusive to people with a learning disability.

The 4 hour course looks at:

- Learning disability awareness
- Understanding learning disability
- Classification in learning disability sport
- Barriers in sport
- Ideas for coaching and adaptation
- Accessible communication

Delegates receive a resource pack, as well as guidance on where to find further information on pathways in sport for people with a learning disability.



“The training was very interactive, I thoroughly enjoyed the day. Visual aids and exercises were really useful and definitely made me rethink how I communicate myself with others.”

Mencap Personal Achievement Training run a series of professional courses on a wide range of issues to help organisations meet the requirements of the disability discrimination act.

Mencap Sport is the recognised governing body for learning disability sport in England and works with governing bodies and other sports organisations to develop participation and the pathways to national and international competition.



For further information,
visit: www.mencap.org.uk/sport
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