

# Sport Unlimited Achievements Summary

Issue 5 June 2009

## Summer Term Impacts

Sport Unlimited has now entered into its second year of delivery and the summer term is witnessing successful partnership working with a whole range of deliverers. Student voice continues to play a key role in identifying the needs of the semi sporty with innovative methods being piloted to capture some valuable data. The framework of activities that are on offer to young people is growing with a whole host of opportunities opening up now that spring / summer is upon us.

## Joined Up Delivery

- **Pro-Active North London** are working in partnership with the Enfield Youth and Partnership department of the Met Police and Tottenham Hotspur FC to deliver boxing sessions by Edmonton Eagles boxing club. The programme is aimed at 12-18 year olds and aims to promote positive attitudes, self esteem, self control and general wellbeing.
- **North Yorkshire Sport** have been working closely with Aldwark Manor Golf Club, to provide a structured educational syllabus designed to introduce boys and girls to golf. The rules and etiquette of golf are being taught through fun and exciting activities, fun challenges and mini competitions to make sure that the whole golfing experience is about having fun. The partnership with North Yorkshire Sport aims to introduce golf to a new generation of young people who might previously have viewed golf as being inaccessible.

## Student Voice

- **Greater Sport** has been working closely with Manchester Leisure to develop a warm up game which is helping to determine how sporty the young people taking part in activity are. The 'Win and Learn SU Warm Up Game' encompasses a number of questions which are asked during a warm up exercise, the results are helping inform the future targeting of their Sport Unlimited sessions to ensure the semi sporty are being reached.

## Activities Framework

- **Sport Essex** have an extensive range of different projects taking place this term which have not previously been part of their Sport Unlimited programme these include activities such as skateboarding, indoor rounders and even bowls! Various sports which have been successful in the programme so far are now spreading throughout the county to provide a varied offer including parkour and water polo.

## Signposting - Incentives

- Wigan Council's Outdoor Education Team are working closely with **Greater Sport** to deliver a 'Water Crew' project, an opportunity for young people to participate in kayaking, sailing and windsurfing activities over a 10 week period. The programme is offering British Canoe Union and Royal Yachting Association routes to accreditation and if young people attend all 10 sessions they will attain 1 star canoeing and level 1 sailing accreditation. Some young people have already begun to access additional activity and as the project develops throughout the rest of the term they will be signposted into a range of ongoing activity based events and opportunities.

## Sustainability

- Two rival rowing clubs in Whitby have joined forces for the first time and are working with **North Yorkshire Sport** to offer a new combined schools club which is open to children from local schools from years 6 and 7. The sessions will run for 10 weeks in the hope that the children will then join one of the Whitby rowing clubs when they finish at the end of the summer term. Matt Hewison, Sports Development Officer from Scarborough Borough Council said "I am absolutely delighted both clubs have put their fierce rivalry aside for the benefit of local children."
- North Somerset Council in partnership with a number of agencies has been delivering Free Running sessions in Weston Super Mare on behalf of **WESPORT**. The class has been so popular that they are now developing a club 'The Campus Free Runners'. Summer clubs are also now being developed off the back of Sport Unlimited funding. "The Campus Free runners are great guys and girls who train together in a sport they are passionate about" Sharon Behham, Head Coach.

## Learning - Feedback from young people...

- **Bucks Sport** have been providing street soccer opportunities for young people from Madeville School to take part in, the project has been hugely popular, here are some of the positive comments received about the programme...

"Gets me out with friends to have a kickabout, stops us hanging around on the streets!"

"It's cheaper, you can get together with friends, its more social innit."

"It's good fitness, you don't get bored stuck in the house."

"It's great that we have so many people turn up to these football sessions. They love the fact they can just come down and play football, they don't have to be told how to do it they literally just come down and join a team to play, they love it!"



Don't forget if you have any good news stories you would like to share with the Sport Unlimited network in the next bulletin please contact SIRC at: [sportunlimited@shu.ac.uk](mailto:sportunlimited@shu.ac.uk) by **Wednesday 17th June 2009.**