

Have you got what it takes?



GATESHEAD COLLEGE



AASE ACADEMY

SUPPORTED BY
ENGLAND GOLF

Golf Advanced Apprenticeship in Sporting Excellence

Have you got the
talent, commitment
and **skill** to become
a touring professional?

The Golf Advanced Apprenticeship in Sporting Excellence (AASE Programme) is designed to support young elite golfers, aged 16-19, who possess the talent, commitment and skill needed to achieve excellence in golf and who have the potential to become a touring professional.

If you're looking for a career in golf, there's no better opportunity to develop your personal and professional skills.

About the course

This course gives you a structured training and development route to help you progress into the professional ranks and potentially become a worldclass player.

During the two-year programme, you will work towards an NVQ Level 3 Achieving Excellence in Sports Performance as well as a BTEC National Certificate in Sport (Performance and Excellence).

Access to state-of-the-art training and conditioning facilities and expert staff will give you the chance to maximise your potential in the sport and increase your chances of playing golf professionally.

What will I learn?

- Developing technical and tactical skills in sport
- Fitness testing
- Athlete lifestyle
- Psychology for sports performance
- Nutrition and sports performance
- Evaluation and analysis of sports performance.

What support will I receive?

- An individualised learning plan
- An individualised training plan
- Access to a sports nutritionist
- 1:1 sessions focussing on golf psychology support
- Lifestyle management advice and guidance
- Individual and group sessions with a PGA coach
- Access to strength and conditioning coaches
- Access to a chartered physiotherapist
- Entry into competitive leagues, competitions and trials
- Opportunity to attend warm weather training
- Access to English Institute of Sport gym
- Swing analysis and sports science support.

Why study with us?

You'll enjoy access to a wide range of top quality facilities and support including:

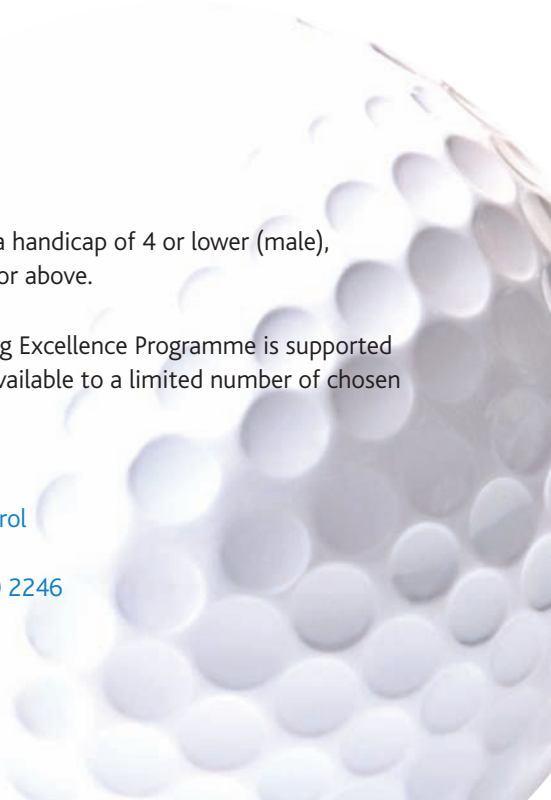
- A variety of 18 hole golf courses across the region
- An indoor training facility
- Human performance and biomechanics lab
- Putting green
- Bunkers
- Short game facility
- 3T boxes of various lengths

How can I enrol?

Students will normally be expected to have a handicap of 4 or lower (male), 8 or lower (female) and four GCSE grades C or above.

The Golf Advanced Apprenticeship in Sporting Excellence Programme is supported by the English Golf Partnership and is only available to a limited number of chosen colleges across the UK.

For more information about how you can enrol on our **Golf Advanced Apprenticeship in Sporting Excellence**, please call 0191 490 2246 or email start@gateshead.ac.uk. Alternatively, visit www.gateshead.ac.uk.



Gateshead College

Tel: 0191 490 2246

www.gateshead.ac.uk

Baltic Campus

Quarryfield Road

Baltic Business Quarter

Gateshead

NE8 3BE

Academy for Sport

Gateshead International

Stadium

Neilson Road

Gateshead

NE10 0EF