

## County Durham Sport

### Coach and Volunteer Training Guidance

The County Durham Sport Partnership recognises the importance of implementing training procedures for coaches and volunteers that promote good, safe practise and impact on all organisations involved in the delivery of sport and physical activity to children and young people.

#### a) Head Coach / Volunteer

*Definition* - a coach/volunteer who leads a session or works on their own

Before commencing any employment as a Head Coach/Volunteer for the delivery organisation the following training must be completed/have been completed in the last 3 years:

Safeguarding and Protecting Children Training (scUK)

- To be renewed every 3 years

First Aid Training (minimum 4 hours)

- To be renewed every 3 years

It is suggested that the following training is completed during employment/has been completed in the last 3 years:

Equity in Your Coaching (scUK)

- To be renewed every 3 years

#### b) Assistant Coach / Volunteer

*Definition* - a coach/volunteer who never leads a session or works on their own, but supports head coaches

Within 3 months of employment as an Assistant Coach/Volunteer for the delivery organisation the following training must be completed/have been completed in the last 3 years:

Safeguarding and Protecting Children Training (scUK)

- Renewed every 3 years

First Aid Training (minimum 4 hours)

- Renewed every 3 years

It is suggested that the following training is completed during employment/has been completed in the last 3 years:

Equity in Your Coaching (scUK)

- To be renewed every 3 years

### **c) Volunteer (One Off Events)**

*Definition* - a volunteer who is involved in single events for children and young people and not more regular, sustained employment

Before commencing any volunteering for the delivery organisation the following training must be completed/have been completed in the last 3 years:  
Safeguarding and Protecting Children Training (scUK)

- Renewed every 3 years

First Aid Training (minimum 4 hours)

- Renewed every 3 years