

County Durham **Sport**

Club, Coach + Volunteer Development Programme

April–June 2009

Sport-specific & Generic Courses

Passionate about partnerships

In association with:



Introduction

County Durham Sport recognises the importance of coaches and volunteers to the development of sport in the region and we are committed to offering continuous professional development opportunities. We are pleased to be able to offer a variety of workshops across the county, delivered by sports coach UK, Running Sports and St John Ambulance, alongside sport-specific courses run in the North East by National Governing Bodies.

To book onto one of the courses, please see the contact details for each individual course. Please note that all times and dates are subject to change.

To register a place on any of the courses, or for further information, please see the contact details which can be found on the course pages.

Individuals may apply to County Durham Sport for help with funding towards the cost of courses. Successful applicants will be eligible for between 50 and 100% of the cost of the course. Applications should be submitted prior to booking and paying for a place on a course as County Durham Sport cannot guarantee funding for places already booked.

Please note that we can only consider funding courses that start before 30 June 2009.

If there is a course you would like to participate in which is not in this booklet, or for general information on workforce development in County Durham, please contact Lynne Wightman at County Durham Sport at lwightman@durhamcity.gov.uk or on 0191 301 8417.

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COUNTY DURHAM SPORT COACHES CONFERENCE 4-5 JULY 2009

Where?

East Durham College, Peterlee

Who?

Any coach who is willing to learn and wants to increase and develop their knowledge.

How much?

£20 per person

High profile guest speakers and deliverers from the world of sport throughout the event.

Full programme and workshop information will be available soon. If you would like to register your interest in this event please contact County Durham Sport on:

T. 0191 301 8416

E. cwatson@durhamcity.gov.uk

Generic Courses

Date	Course	Venue & Time	Cost
6 April 09	First Aid	6–10pm County Durham Sport Offices Dragonville Industrial Estate Durham	Free to coaches within County Durham
22 April 09	The Role of the Volunteer Coordinator	6.30–9.30pm County Durham Sport Offices Dragonville Industrial Estate Durham	Free to coaches within County Durham
27 April 09	Safeguarding and Protecting Children	6.30–9.30pm County Durham Sport Offices Dragonville Industrial Estate Durham	Free to coaches within County Durham
7 May 09	How to Coach Disabled People in Sport	6.30–8.30pm County Durham Sport Offices Dragonville Industrial Estate Durham	Free to coaches within County Durham
20 May 09	Equity in Your Coaching	6.30–9.30pm County Durham Sport Offices Dragonville Industrial Estate Durham	Free to coaches within County Durham
2 June 09	Funding For Your Club	6.30–9.30pm County Durham Sport Offices Dragonville Industrial Estate Durham	Free to coaches within County Durham
8 June 09	A Club for All	6.30–9.30pm County Durham Sport Offices Dragonville Industrial Estate Durham	Free to coaches within County Durham
18 June 09	First Aid	6–10pm County Durham Sport Offices Dragonville Industrial Estate Durham	Free to coaches within County Durham
23 June 09	Safeguarding and Protecting Children	6.30–9.30pm County Durham Sport Offices Dragonville Industrial Estate Durham	Free to coaches within County Durham
29 June 09	Introduction to FUNDamentals of Movement	6.30–9.30pm Maiden Castle Graham Sports Centre	Free to coaches within County Durham

Contact for all generic courses:

Helen Emmerson. 0191 301 8590. hemmerson@durhamcity.go.uk

Athletics

Date	Course	Venue & Time	Contact	Cost
4 April 09	UKCC Level 1	Time TBC Cramlington	Debbie Beresford 0161 230 8184 dberesford@englandathletics.org	£60
14 June 09	UKCC Level 1	Time TBC Gateshead Stadium	Debbie Beresford 0161 230 8184 dberesford@englandathletics.org	£60

Badminton

Date	Course	Venue & Time	Contact	Cost
7 / 21 / 28 June 09	UKCC Level 1	Time TBC Benfield Centre of Sporting Excellence Newcastle	Norma Waterfield 07725 413877 normawaterfield@ badmintonengland.co.uk	£195
3 / 17 / 24 June 09 5 July 09	UKCC Level 2	Time TBC Benfield Centre of Sporting Excellence Newcastle	Norma Waterfield 07725 413877 normawaterfield@ badmintonengland.co.uk	£350

Basketball

Date	Course	Venue & Time	Contact	Cost
20-24 April 09	UKCC Level 2	9am-5pm Coach Lane Sports Development Centre Newcastle	Neil Graham 0191 227 4871 neil2.graham@unn.ac.uk	£120

Football

Date	Course	Venue & Time	Contact	Cost
9 April 09 14-17 April 09	UKCC Level 1	9 April 6-9pm 14-17 April 9.30am-4pm Houghton Kepier School	0191 387 2928 development@durhamfa.com	£110
20 April- 20 May 09	UKCC Level 1	20 April-20 May 09 Mon & Wed 6-9pm Stanley School of Technology	0191 387 2928 development@durhamfa.com	£110

Hockey

Date	Course	Venue & Time	Contact	Cost
7/9/10 May 09	UKCC Level 1	7 May 6.30–9.30pm 9–10 May 9.30am–5pm Centre for Sport Newcastle	Julie Fenwick 0191 241 7700	£140
16–17 May 09 6–7 June 09	UKCC Level 2	Time TBC Centre for Sport Newcastle	0113 274 0083 north@englandhockey.org	£395

Judo

Date	Course	Venue & Time	Contact	Cost
26–27 June 09 25–26 July 09	UKCC Level 2	Time TBC Tyne Youth Community Centre Tynemouth	nicolabh@britishjudo.org.uk	£425

Netball

Date	Course	Venue & Time	Contact	Cost
25–26 April 09 13 June 09	UKCC Level 1	9am–6pm Greenfield School Newton Aycliffe	0191 334 7223 northeast@englandnetball.co.uk	£170

Rugby League

Date	Course	Venue & Time	Contact	Cost
13–14 June 09 4 / 25 July 09	UKCC Level 2	Time TBC Longbenton Community College	Robin Peers 07736 317666 rpeers@durhamcity.gov.uk	£175

Rugby Union

Date	Course	Venue & Time	Contact	Cost
29 April 09 10/17 May 09	UKCC Level 1	Time TBC Houghton Kepier School	0113 812 7437 coacheducation@leedsmet.ac.uk	£100
10/21/28 June 09	UKCC Level 1	Time TBC Northumbria University	0113 812 7437 coacheducation@leedsmet.ac.uk	£100
24 June 09 5/12 July 09	UKCC Level 1	Time TBC Houghton Kepier School	0113 812 7437 coacheducation@leedsmet.ac.uk	£100
13–14 June 09 18–19 July 09	UKCC Level 2	Time TBC Northumbria University	0113 812 7437 coacheducation@leedsmet.ac.uk	£176.25

Table Tennis

Date	Course	Venue & Time	Contact	Cost
12 April 09 17 June 09	Level 2 Bridging	Time TBC Ormesby Table Tennis Club	01424 456205 pauline.adams@etta.co.uk	£50

Swimming

Date	Course	Venue & Time	Contact	Cost
13–14 June 09 20–21 June 09 28 June 09	UKCC Level 1	Time TBC Sunderland Aquatics Centre	0871 200 092 customerservices@swimming.org	Over 19 £145 Under 19 £370

Squash

Date	Course	Venue & Time	Contact	Cost
12 April 09 10 May 09	UKCC Level 1	Time TBC Tynemouth Squash Club	Louise Pickford 0161 438 4318 louise.pickford@englandsquash.com	£230

Course Information

A Club for All (Running Sports)

Identifying the benefits of opening up your club to a wider membership base will mean more coaches, players, officials and increased revenue, improved eligibility for lottery funding and quality ratings such as Clubmark.

How to Coach Disabled People in Sport (sports coach UK)

This workshop tackles all the frequently asked questions about how to work with disabled sports people, introducing new ideas for inclusion.

Equity in Your Coaching (sports coach UK)

Everyone should have access to sport, regardless of gender, age, race, ability, faith or sexual orientation. This workshop will help you to apply and extend your existing skills to meet the needs of present and potential participants.

First Aid (St John Ambulance)

This course covers emergency situations common in sporting environments and is ideal for sports clubs, coaches and volunteers. The course covers health and safety, managing incidents, priorities of first aid, resuscitation, blood loss, treatment of an unconscious casualty, treatment of shock and a general discussion on common sporting injuries.

Funding for Your Club (Running Sports)

Every sports club could use more money and better publicity. This workshop provides practical ideas for raising funds from a range of courses, including fundraising events and sponsorship.

Introduction to FUNDamentals of Movement (sports coach UK)

This practical workshop explores the concepts of agility, balance and coordination which underpin fundamental movement skills. The workshop helps coaches observe, analyse and coach good movement patterns.

Safeguarding and Protecting Children in Sport (sports coach UK)

Protect yourself, the young people you are coaching and your employer by understanding and following good coaching practice.

The Role of the Volunteer Coordinator (Running Sports)

Clubs can greatly benefit from having a single contact who supports their volunteers. In this workshop, volunteers will learn exactly what this role entails and how they can become an even greater asset to their club by taking it on.

Location details

County Durham Sport
Council Offices
Dragonville Industrial Estate
Durham
DH1 2YN

Maiden Castle
Graham Sports Centre
Durham City Council
DH1 3SE