

CountyDurham**Sport**

Club, Coach + Volunteer Development Programme 2009-2010

Sport-specific & Generic Courses

Passionate about partnerships

In association with:



Introduction

County Durham Sport recognises the importance of coaches and volunteers to the development of sport in the region and we are committed to offering continuous professional development opportunities. We are pleased to be able to offer a variety of workshops across the county, delivered by sports coach UK, running**sports** and St John Ambulance, alongside sport-specific courses run in the North East by National Governing Bodies.

Please note that all times, dates and prices are subject to change.

For general information on workforce development in County Durham, please contact Lynne Wightman at County Durham Sport on 0191 301 8417 or email lynne.wightman@durham.gov.uk

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Generic Courses

Date	Course	Venue & Time	Cost
11 November 2009	Safeguarding and Protecting Children	6.30–9.30pm County Durham Sport Offices Dragonville Industrial Estate Durham	£10 per person
7 December 2009	First Aid	6.00–10.00pm County Durham Sport Offices Dragonville Industrial Estate Durham	£15 per person
11 January 2010	Safeguarding and Protecting Children	6.30–9.30pm Belle Vue Leisure Centre Consett	£10 per person
21 January 2010	Equity in Your Coaching	6.30–9.30pm County Durham Sport Offices Dragonville Industrial Estate Durham	£10 per person
25 January 2010	Positive Behaviour Management in Sport	6.30–9.30pm County Durham Sport Offices Dragonville Industrial Estate Durham	£15 per person
26 January 2010	First Aid	5.00–9.00pm Parkside Community Association Willington	£15 per person
1 February 2010	First Aid	6.00–10.00pm Belle Vue Leisure Centre Consett	£15 per person
11 February 2010	Introduction to FUNDamentals of Movement	6.30–9.30pm Venue TBC	£15 per person
16 February 2010	Safeguarding and Protecting Children	6.00–9.00pm Parkside Community Association Willington	£10 per person
25 February 2010	Safeguarding and Protecting Children	6.30–9.30pm County Durham Sport Offices Dragonville Industrial Estate Durham	£10 per person
10 March 2010	Safeguarding and Protecting Children	6.30–9.30pm Louisa Centre Stanley	£10 per person
18 March 2010	First Aid	6.00–10.00pm County Durham Sport Offices Dragonville Industrial Estate Durham	£15 per person
22 March 2010	A Club for All	6.30–9.30pm Louisa Centre Stanley	£10 per person

Contact for all generic courses:

Helen Emmerson. 0191 301 8590. helen.emmerson@durham.gov.uk

Athletics

Date	Course	Venue & Time	Contact	Cost
7–8 November 2009	UKCC Level 2 Core	Time TBC Gateshead Stadium	Debbie Beresford 0161 230 8184 dberesford@englandathletics.org	£140

Badminton

Date	Course	Venue & Time	Contact	Cost
7/31 January 2010	UKCC Level 2	Time TBC Northumbria University Sports Centre	Norma Waterfield 07725 413877 normawaterfield@ badmintonengland.co.uk	£350
7 February 2010		Coach Lane Newcastle		
21 March 2010				

Basketball

Date	Course	Venue & Time	Contact	Cost
21–22 November 2009	Level 1	11.30am–6.00pm Northumbria University Newcastle	0191 215 6575 sa.sportqualifications@northumbria.ac.uk	£70
6 December 2009				

Cricket

Date	Course	Venue & Time	Contact	Cost
4/8/11/15/22 November 2009	UKCC Level 1	Time TBC Easington School	Graeme Weeks 0191 387 1717 graeme.weeks@durhamccc.co.uk	£75

Football

Date	Course	Venue & Time	Contact	Cost
2 November–7 December 2009 (Monday & Wednesday evenings for 10 sessions)	UKCC Level 1	6.00–9.00pm Sedgefield Community College	0191 387 2928 development@durhamfa.com www.durhamfa.com	£110 approx. Contact Durham FA for costs
3 November–5 December 2009 (Thursday evenings, 1 Tuesday evening & Saturday)	UKCC Level 1	6.00–9.00pm Oxclose Community School Washington	0191 387 2928 development@durhamfa.com www.durhamfa.com	£110 approx. Contact Durham FA for costs
9 November–8 December 2009 (Monday & Tuesday evenings for 10 sessions)	UKCC Level 1	6.00–9.00pm SRC Sports Centre Marsh Hill Avenue Billingham	0191 387 2928 development@durhamfa.com www.durhamfa.com	£110 approx. Contact Durham FA for costs
9 November–9 December 2009 (Monday & Wednesday evenings for 10 sessions)	UKCC Level 1	6.00–9.00pm Parkside Sports College Willington Crook	0191 387 2928 development@durhamfa.com www.durhamfa.com	£110 approx. Contact Durham FA for costs

Gymnastics

Date	Course	Venue & Time	Contact	Cost
29 November 2009 12–13 December 2009	UKCC Level 1	Time TBC Venue TBC	Andrew Revell 0191 334 7216 british.gymnastics@durham.ac.uk	£275

Hockey

Date	Course	Venue & Time	Contact	Cost
12/15/22 November 2009	UKCC Level 1	Time TBC Durham School	Lynne Dobison 0191 301 8428 lynne.dobison@englandhockey.org	£140

Rugby Union

Date	Course	Venue & Time	Contact	Cost
27 January 2010 7/14 February 2010	UKCC Level 1	27 January 6.30–9.15pm 7/14 February 9.00am–5.00pm MacMillan College Stockton	0113 812 7437 coacheducation@leedsmet.ac.uk	£100
3/14/21 March 2010	UKCC Level 1	3 March 6.30–9.15pm 14/21 March 9.00am–5.00pm Northumbria University	0113 812 7437 coacheducation@leedsmet.ac.uk	£100
28 April 2010 9/16 May 2010	UKCC Level 1	28 April 6.30–9.15pm 9/16 May 9.00am–5.00pm Houghton Kieper School	0113 812 7437 coacheducation@leedsmet.ac.uk	£100
9/20/27 June 2010	UKCC Level 1	9 June 6.30–9.15pm 20/27 June 9.00am–5.00pm Northumbria University	0113 812 7437 coacheducation@leedsmet.ac.uk	£100
23 June 2010 4/11 July 2010	UKCC Level 1	23 June 6.30–9.15pm 4/11 July 9.00am–5.00pm MacMillan College Stockton	0113 812 7437 coacheducation@leedsmet.ac.uk	£100
14/25 July 2010 1 August 2010	UKCC Level 1	14 July 6.30–9.15pm 25 July & 1 August 9.00am–5.00pm Northumbria University	0113 812 7437 coacheducation@leedsmet.ac.uk	£100
29 September 2010 3/10 October 2010	UKCC Level 1	29 September 6.30–9.15pm 3/10 October 9.00am–5.00pm Houghton Kieper School	0113 812 7437 coacheducation@leedsmet.ac.uk	£100
20 October 2010 7/14 November 2010	UKCC Level 1	20 October 6.30–9.15pm 7/14 November 9.00am–5.00pm Northumbria University	0113 812 7437 coacheducation@leedsmet.ac.uk	£100
12–13 June 2010 17–18 July 2010	UKCC Level 2	9.00am–5.30pm Houghton Kieper School	0113 812 7437 coacheducation@leedsmet.ac.uk	£176.25
7–8 August 2010 5/12 September 2010	UKCC Level 2	9.00am–5.30pm Northumbria University	0113 812 7437 coacheducation@leedsmet.ac.uk	£176.25

Swimming

Date	Course	Venue & Time	Contact	Cost
13 November 2009	ASA/UKCC Level 2 Core Units 1-3 Only	Time TBC Sunderland Aquatic Centre	0871 200 0928 customerservices@swimming.org www.britishswimming.org	Over 19 £155 Under 19 £370
9 January 2010	Coaching Disabled Swimmers	Time TBC Benfield School Newcastle upon Tyne	0871 200 0928 customerservices@swimming.org www.britishswimming.org	IOS members £28.50 Non members £31.50
11 January 2010	ASA/UKCC Level 2 Certificate for Coaching Swimming Units 4-6 Only	Time TBC Sunderland Aquatic Centre	0871 200 0928 customerservices@swimming.org www.britishswimming.org	Over 19 £300 Under 19 £650
24 January 2010	NPTS: AquaFUN	Time TBC Benfield School Newcastle upon Tyne	0871 200 0928 customerservices@swimming.org www.britishswimming.org	IOS members £28.50 Non members £31.50
15 February 2010	ASA/UKCC Level 1 Certificate for Teaching Aquatics Units 1-2	Time TBC Benfield School Newcastle upon Tyne	0871 200 0928 customerservices@swimming.org www.britishswimming.org	Over 19 £155 Under 19 £370
6 April 2010	ASA/UKCC Level 2 Certificate for Teaching Aquatics Units 1-2	Time TBC Benfield School Newcastle upon Tyne	0871 200 0928 customerservices@swimming.org www.britishswimming.org	£325
1 June 2010	ASA/UKCC Level 1 Certificate for Teaching Aquatics Units 1-6	Time TBC Benfield School Newcastle upon Tyne	0871 200 0928 customerservices@swimming.org www.britishswimming.org	Over 19 £155 Under 19 £370
26 July 2010	ASA/UKCC Level 1 Certificate for Teaching Aquatics Units 1-6	Time TBC Benfield School Newcastle upon Tyne	0871 200 0928 customerservices@swimming.org www.britishswimming.org	£325
25 October 2010	ASA/UKCC Level 1 Certificate for Teaching Aquatics Units 1-2	Time TBC Benfield School Newcastle upon Tyne	0871 200 0928 customerservices@swimming.org www.britishswimming.org	Over 19 £155 Under 19 £370

Tennis

Date	Course	Venue & Time	Contact	Cost
12-13 December 2009	UKCC Level 1	9.00am-5.00pm Sunderland Tennis Centre	durclev@lta.org.uk	TBC
3 February 2010				

Course Information

A Club for All (runningsports)

Identifying the benefits of opening your club to a wider membership base will mean more coaches, players, officials and increased revenue, improved eligibility for lottery funding and quality ratings such as Clubmark.

Equity in Your Coaching (sports coach UK)

Everyone should have access to sport, regardless of gender, age, race, ability, faith or sexual orientation. This workshop will help you to apply and extend your existing skills to meet the needs of present and potential participants.

First Aid (St John Ambulance)

This course covers emergency situations common in sporting environments and is ideal for sports clubs, coaches and volunteers. The course covers health and safety, managing incidents, priorities of first aid, resuscitation, blood loss, treatment of an unconscious casualty, treatment of shock and a general discussion on common sporting injuries.

Introduction to FUNdamentals of Movement (sports coach UK)

This practical workshop explores the concepts of agility, balance and coordination which underpin fundamental movement skills. The workshop helps coaches observe, analyse and coach good movement patterns.

Positive Behaviour Management in Sport (sports coach UK)

Understand the ranges of behaviour coaches may need to deal with and the principles that create a positive coaching environment along with strategies to deal with challenging behaviour.

Safeguarding and Protecting Children in Sport (sports coach UK)

Protect yourself, the young people you are coaching and your employer by understanding and following good coaching practice.

Booking Form Generic Courses

To book a place on any of the generic courses please fill in the booking form below

Name:

Address:

Contact number:

Mobile number:

(Please note: we need a contact number to inform you of any changes to the date, time or venue of the course. Mobile numbers may also be used to send confirmations or changes by SMS. By providing your mobile number you agree to us contacting you for these purposes only.)

Email address:

Please tick which courses you would like to attend:

Course	Date	Cost	Please Tick
Safeguarding and Protecting Children	11 November 2009	£10 per person	<input type="checkbox"/>
First Aid	7 December 2009	£15 per person	<input type="checkbox"/>
Safeguarding and Protecting Children	11 January 2010	£10 per person	<input type="checkbox"/>
Equity in Your Coaching	21 January 2010	£10 per person	<input type="checkbox"/>
Positive Behaviour Management in Sport	25 January 2010	£15 per person	<input type="checkbox"/>
First Aid	26 January 2010	£15 per person	<input type="checkbox"/>
First Aid	1 February 2010	£15 per person	<input type="checkbox"/>
Introduction to FUNDamentals	11 February 2010	£15 per person	<input type="checkbox"/>
Safeguarding and Protecting Children	16 February 2010	£10 per person	<input type="checkbox"/>
Safeguarding and Protecting Children	25 February 2010	£10 per person	<input type="checkbox"/>
Safeguarding and Protecting Children	10 March 2010	£10 per person	<input type="checkbox"/>
First Aid	18 March 2010	£15 per person	<input type="checkbox"/>
A Club for All	22 March 2010	£10 per person	<input type="checkbox"/>

I am including a cheque for £_____ for the course(s) I would like to attend.

Please make cheques payable to DCC–County Durham Sport and send to:

County Durham Sport, PO Box 370, Durham, DH7 8WT

Booking Form Generic Courses

Additional Places

Name:

Address:

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Contact number:

Mobile number:

(Please note: we need a contact number to inform you of any changes to the date, time or venue of the course. Mobile numbers may also be used to send confirmations or changes by SMS. By providing your mobile number you agree to us contacting you for these purposes only.)

Email address:

Please tick which courses you would like to attend:

Course	Date	Cost	Please Tick
Safeguarding and Protecting Children	11 November 2009	£10 per person	<input type="checkbox"/>
First Aid	7 December 2009	£15 per person	<input type="checkbox"/>
Safeguarding and Protecting Children	11 January 2010	£10 per person	<input type="checkbox"/>
Equity in Your Coaching	21 January 2010	£10 per person	<input type="checkbox"/>
Positive Behaviour Management in Sport	25 January 2010	£15 per person	<input type="checkbox"/>
First Aid	26 January 2010	£15 per person	<input type="checkbox"/>
First Aid	1 February 2010	£15 per person	<input type="checkbox"/>
Introduction to FUNDamentals	11 February 2010	£15 per person	<input type="checkbox"/>
Safeguarding and Protecting Children	16 February 2010	£10 per person	<input type="checkbox"/>
Safeguarding and Protecting Children	25 February 2010	£10 per person	<input type="checkbox"/>
Safeguarding and Protecting Children	10 March 2010	£10 per person	<input type="checkbox"/>
First Aid	18 March 2010	£15 per person	<input type="checkbox"/>
A Club for All	22 March 2010	£10 per person	<input type="checkbox"/>

I am including a cheque for £_____ for the course(s) I would like to attend.

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County Durham Sport, PO Box 370, Durham, DH7 8WT

Location Details

Belle Vue Leisure Centre

Ashdale Road
Consett
County Durham
DH8 6LZ

County Durham Sport

Durham County Council Offices
Dragonville Industrial Estate
Durham
DH1 2YN

Louisa Centre

Front Street
Stanley
County Durham
DH9 0TE

Parkside Community Association

Parkside Comprehensive School
Hall Lane Estate
Willington
Crook
DL15 0QF

County Durham Sport. PO Box 370, Durham, DH7 8WT
T: 0191 301 8416 **E:** countydurhamsport@durhamcity.gov.uk
www.countydurhamsport.com

