



DURHAM INSTITUTE OF SPORT

Durham Institute of Sport – Eligibility criteria

Due to the specialist nature of the support and assistance available through Durham Institute of Sport, stringent eligibility criteria apply to all successful applications. Before commencing your application to either the athlete or coach support scheme, please carefully read the relevant criteria below, as those applications that cannot evidence satisfying this criteria will not be considered for the scheme.

Athlete support scheme criteria

The athlete support scheme aims to provide opportunities for sportsmen and women, including those with disabilities, who satisfy the following criteria:

- You're a current national sportsperson. This is defined as being part of the national squad within the last 12 months, currently in the top 20 of their NGB ranking list, or currently part of the national training program
- Or**
- You're a member of a regional or county representative team/squad, with aspirations and potential to become a top 20 national performer
- And**
- You're either resident in County Durham for the majority of the year, a member of a County Durham based sports club or you're currently studying in County Durham
 - You're an amateur sportsperson; DIS is not intended for full time professional athletes

Coach support scheme criteria

The coach support scheme aims to provide opportunities for male and female coaches, including those with disabilities, who satisfy the following criteria:

- You're over 18 years of age
- You hold a minimum of one Level 2 National Governing Body (NGB) qualification
- You currently coach athletes on NGB performance pathways – i.e. athletes performing at County, Regional or National level
- Coach or live within the County Durham boundaries

And be willing and able to:

- Demonstrate a willingness to use your new skills to help develop two other coaches within your club environment
- Demonstrate how your coaching impacts positively on those athletes involved on NGB Performance pathways
- Demonstrate a willingness to improve your coaching skills and knowledge
- Be willing to contribute to the DIS Coach Support Programme Evaluation